# ENERGY NORM A POSTERIORI ERROR ESTIMATES FOR MIXED FINITE ELEMENT METHODS 

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#### Abstract

The paper deals with the a-posteriori error analysis of mixed finite element methods for second order elliptic equations. It is shown that a reliable and efficient error estimator can be constructed using a postprocessed solution of the method. The analysis is performed in two different ways; under a saturation assumption and using a Helmholtz decomposition for vector fields.


## 1. Introduction

We consider the mixed finite element approximation of second order elliptic equations with the Poisson problem as a model:

$$
\begin{align*}
-\Delta u & =f \quad \text { in } \Omega \subset \mathbb{R}^{n},  \tag{1.1}\\
u & =0 \quad \text { on } \partial \Omega . \tag{1.2}
\end{align*}
$$

The problem is written as the system

$$
\begin{array}{r}
\boldsymbol{\sigma}-\nabla u=\mathbf{0} \\
\operatorname{div} \boldsymbol{\sigma}+f=0, \tag{1.4}
\end{array}
$$

which is approximated with the
Mixed method. Find $\left(\boldsymbol{\sigma}_{h}, u_{h}\right) \in \boldsymbol{S}_{h} \times V_{h} \subset \boldsymbol{H}(\operatorname{div}: \Omega) \times L^{2}(\Omega)$ such that

$$
\begin{align*}
\left(\boldsymbol{\sigma}_{h}, \boldsymbol{\tau}\right)+\left(\operatorname{div} \boldsymbol{\tau}, u_{h}\right)=0 & \forall \boldsymbol{\tau} \in \boldsymbol{S}_{h}  \tag{1.5}\\
\left(\operatorname{div} \boldsymbol{\sigma}_{h}, v\right)+(f, v)=0 & \forall v \in V_{h} . \tag{1.6}
\end{align*}
$$

In the method the polynomial used for approximating the flux $\boldsymbol{\sigma}$ is of higher degree than that used for the displacement $u$, which is counterintuitive in view of (1.3). As a consequence, the mixed method has to be carefully designed in order to satisfy the Babuška-Brezzi conditions, c.f. e.g. [8]. There are two ways of posing these conditions, both yielding the same a priori estimates. The more common one is to use the $\boldsymbol{H}(\operatorname{div}: \Omega)$ norm for the flux and the $L^{2}(\Omega)$ norm for the displacement. The other one is to use so called mesh dependent norms [3] which are close to the energy norm of the continuous problem.

The a posteriori error analysis of mixed methods has been performed in [1], [10] and [5]. In [10] the estimate is for the $\boldsymbol{H}$ (div: $\Omega$ ) norm. This is in a way unsatisfactory since the "div" part of the norm is trivially computable and also may dominate the error, see Remark 3.4 below. In [5] an estimate for the $L^{2}$-norm

[^0]of the flux is derived but it is, however, not optimal. The reason for this is that the estimator includes the element residual in the constitutive relation (1.3). As the polynomial degree of approximation for the displacement is lower than that for the flux, it is clear that this residual is large.

The purpose of this paper is to point out a simple remedy to this. Since the work of Arnold and Brezzi [2] it is known that the mixed finite element solution can be locally postprocessed in order to obtain an improved displacement. Later other postprocessing has been proposed $[6,9,7,17,16]$. On each element the postprocessed displacement is of one degree higher than the flux, which is in accordance with (1.3). Hence, it is natural to use it in the a posteriori estimate. In this paper, we will focus on the postprocessing introduced in [17, 16]. In Section 2 we develop an a-priori error analysis by recognizing that the postprocessed output can be viewed as the direct solution of a suitable modified method. In Section 3 we introduce our estimator based on the postprocessed solution, and we prove its efficiency and reliability.

Throughout the paper we will use standard notations for Sobolev norms and seminorms. Moreover, we will denote with $C$ and $C_{i}(i=1,2, \ldots)$ generic constants independent of the mesh parameter $h$, which may take different values in different occurrences.

## 2. A-Priori estimates and postprocessing

In this section we will consider the mixed methods, their postprocessing and error analysis. We will also give the stability and error analysis by treating the method and the postprocessing as one method. This will be useful for the a posteriori analysis.

We will use standard notation used in connection with (mixed) FE methods. By $\mathcal{C}_{h}$ we denote the finite element regular partitioning and by $\Gamma_{h}$ the collection of edges or faces of $\mathcal{C}_{h}$. The subspaces $\left(\boldsymbol{\sigma}_{h}, u_{h}\right) \in \boldsymbol{S}_{h} \times V_{h} \subset \boldsymbol{H}($ div $: \Omega) \times L^{2}(\Omega)$ are piecewise polynomial spaces defined on $\mathcal{C}_{h}$. In this paper we will consider the following families of elements. (The results are, however, easily applicable for other families as well.)

- RTN elements - the triangular elements of Raviart-Thomas [15] and their tetrahedral counterparts of Nedelec [14];
- BDM elements - the triangular elements of Brezzi-Douglas-Marini [9] and their tetrahedral counterparts of Brezzi-Douglas-Duran-Fortin [7].
Accordingly, given an integer $k \geq 1$, we define:

$$
\begin{gather*}
\boldsymbol{S}_{h}^{R T N}=\left\{\boldsymbol{\tau} \in \boldsymbol{H}(\operatorname{div}: \Omega)|\boldsymbol{\tau}|_{K} \in\left[P_{k-1}(K)\right]^{n} \oplus \boldsymbol{x} \tilde{P}_{k-1}(K) \forall K \in \mathcal{C}_{h}\right\}  \tag{2.1}\\
\boldsymbol{S}_{h}^{B D M}=\left\{\boldsymbol{\tau} \in \boldsymbol{H}(\operatorname{div}: \Omega)|\boldsymbol{\tau}|_{K} \in\left[P_{k}(K)\right]^{n} \forall K \in \mathcal{C}_{h}\right\}  \tag{2.2}\\
V_{h}^{R T N}=V_{h}^{B D M}=\left\{v \in L^{2}(\Omega)|v|_{K} \in P_{k-1}(K) \forall K \in \mathcal{C}_{h}\right\}, \tag{2.3}
\end{gather*}
$$

where $\tilde{P}_{k-1}(K)$ denotes the homogeneous polynomials of degree $k-1$. For quadrilateral and hexahedral meshes there exist a wide choice of different alternatives, c.f. [8].

By defining the following bilinear form

$$
\begin{equation*}
\mathcal{B}(\boldsymbol{\varphi}, w ; \boldsymbol{\tau}, v)=(\boldsymbol{\varphi}, \boldsymbol{\tau})+(\operatorname{div} \boldsymbol{\tau}, w)+(\operatorname{div} \boldsymbol{\varphi}, v) \tag{2.4}
\end{equation*}
$$

the mixed method can compactly be defined as:
Find $\left(\boldsymbol{\sigma}_{h}, u_{h}\right) \in \boldsymbol{S}_{h} \times V_{h}$ such that

$$
\begin{equation*}
\mathcal{B}\left(\boldsymbol{\sigma}_{h}, u_{h} ; \boldsymbol{\tau}, v\right)+(f, v)=0 \quad \forall(\boldsymbol{\tau}, v) \in \boldsymbol{S}_{h} \times V_{h} \tag{2.5}
\end{equation*}
$$

For the displacement and the flux we will use the following norms:

$$
\begin{equation*}
\|v\|_{1, h}^{2}=\sum_{K \in \mathcal{C}_{h}}\|\nabla v\|_{0, K}^{2}+\sum_{E \in \Gamma_{h}} h_{E}^{-1}\|\llbracket v \rrbracket\|_{0, E}^{2} \tag{2.6}
\end{equation*}
$$

and

$$
\begin{equation*}
\|\boldsymbol{\tau}\|_{0, h}^{2}=\|\boldsymbol{\tau}\|_{0}^{2}+\sum_{E \in \Gamma_{h}} h_{E}\|\boldsymbol{\tau} \cdot \boldsymbol{n}\|_{0, E}^{2} \tag{2.7}
\end{equation*}
$$

where $\boldsymbol{n}$ is the unit normal to $E \in \Gamma_{h}$ and $\llbracket v \rrbracket$ is the jump in $v$ along interior edges/faces and $v$ on edges/faces on $\partial \Omega$. By an element by element partial integration we have

$$
\begin{equation*}
|(\operatorname{div} \boldsymbol{\tau}, v)| \leq\|\boldsymbol{\tau}\|_{0, h}\|v\|_{1, h} \quad \forall(\boldsymbol{\tau}, v) \in \boldsymbol{S}_{h} \times V_{h} \tag{2.8}
\end{equation*}
$$

In the FE subspace the norm for the flux is equivalent to the $L^{2}$-norm:

$$
\begin{equation*}
C\|\boldsymbol{\tau}\|_{0, h} \leq\|\boldsymbol{\tau}\|_{0} \leq\|\boldsymbol{\tau}\|_{0, h} \quad \forall \boldsymbol{\tau} \in \boldsymbol{S}_{h} \tag{2.9}
\end{equation*}
$$

Hence, it also holds

$$
\begin{equation*}
|(\operatorname{div} \boldsymbol{\tau}, v)| \leq C\|\boldsymbol{\tau}\|_{0}\|v\|_{1, h} \quad \forall(\boldsymbol{\tau}, v) \in \boldsymbol{S}_{h} \times V_{h} \tag{2.10}
\end{equation*}
$$

With this choice of norms the Babuška-Brezzi stability condition is the following.
Lemma 2.1. There is a positive constant $C$ such that

$$
\begin{equation*}
\sup _{\boldsymbol{\tau} \in \boldsymbol{S}_{h}} \frac{(\operatorname{div} \boldsymbol{\tau}, v)}{\|\boldsymbol{\tau}\|_{0}} \geq C\|v\|_{1, h} \quad \forall v \in V_{h} \tag{2.11}
\end{equation*}
$$

Proof. We first point out that since $V_{h}^{R T N}=V_{h}^{B D M}$ and $\boldsymbol{S}_{h}^{R T N} \subset \boldsymbol{S}_{h}^{B D M}$ the result for BDM is a consequence of that for RTN. Therefore, we focus on the RTN family, first recalling that the local degrees of freedom for the flux variable are the following:

$$
\begin{array}{rll}
\langle\boldsymbol{\tau} \cdot \boldsymbol{n}, z\rangle_{E} & \forall z \in P_{k-1}(E), \quad E \subset \partial K, \\
(\boldsymbol{\tau}, \boldsymbol{z})_{K} & \forall \boldsymbol{z} \in\left[P_{k-2}(K)\right]^{n} . \tag{2.13}
\end{array}
$$

Above and in the rest of the paper, we use the notation $(\cdot, \cdot)_{K}$ and $\langle\cdot, \cdot\rangle_{E}$ for the $L^{2}$ inner product on the element $K$ and on the edge/face $E$, respectively.

Hence, given $v \in V_{h}$ we can define $\boldsymbol{\tau} \in \boldsymbol{S}_{h}$ by

$$
\begin{align*}
\langle\boldsymbol{\tau} \cdot \boldsymbol{n}, z\rangle_{E} & =h_{E}^{-1}\langle\llbracket v \rrbracket, z\rangle_{E} & \forall z \in P_{k-1}(E), & E \in \Gamma_{h}  \tag{2.14}\\
(\boldsymbol{\tau}, \boldsymbol{z})_{K} & =-(\nabla v, \boldsymbol{z})_{K} & \forall \boldsymbol{z} \in\left[P_{k-2}(K)\right]^{n}, & K \in \mathcal{C}_{h} \tag{2.15}
\end{align*}
$$

Noting that $\nabla v_{\mid K} \in\left[P_{k-2}(K)\right]^{n}, \llbracket v \rrbracket_{\mid E} \in P_{k-1}(E)$, from (2.14)-(2.15) we obtain

$$
\begin{align*}
\langle\boldsymbol{\tau} \cdot \boldsymbol{n}, \llbracket v \rrbracket\rangle_{E} & =h_{E}^{-1}\|\llbracket v \rrbracket\|_{0, E}^{2},  \tag{2.16}\\
(\boldsymbol{\tau}, \nabla v)_{K} & =-\|\nabla v\|_{0, K}^{2} . \tag{2.17}
\end{align*}
$$

It follows that (cf. also (2.6))

$$
\begin{align*}
(\operatorname{div} \boldsymbol{\tau}, v) & =-\sum_{K \in \mathcal{C}_{h}}(\boldsymbol{\tau}, \nabla v)_{K}+\sum_{E \in \Gamma_{h}}\langle\boldsymbol{\tau} \cdot \boldsymbol{n}, \llbracket v \rrbracket\rangle_{E}  \tag{2.18}\\
& =\sum_{K \in \mathcal{C}_{h}}\|\nabla v\|_{0, K}^{2}+\sum_{E \in \Gamma_{h}} h_{E}^{-1}\|\llbracket v \rrbracket\|_{0, E}^{2}=\|v\|_{1, h}^{2}
\end{align*}
$$

Using scaling arguments (2.14)-(2.15) imply

$$
\begin{equation*}
\|\boldsymbol{\tau}\|_{0, h} \leq C\|v\|_{1, h} \tag{2.19}
\end{equation*}
$$

The assertion now follows from (2.18) and (2.19).
From this stability estimate, the following full stability result holds.
Lemma 2.2. There is a positive constant $C$ such that

$$
\begin{equation*}
\sup _{(\boldsymbol{\tau}, v) \in \boldsymbol{S}_{h} \times V_{h}} \frac{\mathcal{B}(\boldsymbol{\varphi}, w ; \boldsymbol{\tau}, v)}{\|\boldsymbol{\tau}\|_{0}+\|v\|_{1, h}} \geq C\left(\|\boldsymbol{\varphi}\|_{0}+\|w\|_{1, h}\right) \quad \forall(\boldsymbol{\varphi}, w) \in \boldsymbol{S}_{h} \times V_{h} \tag{2.20}
\end{equation*}
$$

In our analysis we will exploit the interpolation operator $\boldsymbol{R}_{h}: \boldsymbol{H}(\operatorname{div}: \Omega) \cap$ $\left[L^{s}(\Omega)\right]^{n} \rightarrow \boldsymbol{S}_{h}$, with $s>2$, such that

$$
\begin{equation*}
\left(\operatorname{div}\left(\boldsymbol{\tau}-\boldsymbol{R}_{h} \boldsymbol{\tau}\right), v\right)=0 \quad \forall v \in V_{h}, \tag{2.21}
\end{equation*}
$$

which can be constructed by using the degrees of freedom for $\boldsymbol{S}_{h}$, cf. $[15,14,9,7]$. In addition, we will use the equilibrium property

$$
\begin{equation*}
\operatorname{div} \boldsymbol{S}_{h} \subset V_{h} \tag{2.22}
\end{equation*}
$$

When denoting by $P_{h}: L^{2}(\Omega) \rightarrow V_{h}$ the $L^{2}$-projection, this implies that

$$
\begin{equation*}
\left(\operatorname{div} \boldsymbol{\tau}, u-P_{h} u\right)=0 \quad \forall \boldsymbol{\tau} \in \boldsymbol{S}_{h} . \tag{2.23}
\end{equation*}
$$

The projection and interpolation operators satisfy the following commuting property:

$$
\begin{equation*}
\operatorname{div} \boldsymbol{R}_{h}=P_{h} \operatorname{div} \tag{2.24}
\end{equation*}
$$

Theorem 2.3. There is a positive constant $C$ such that

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|P_{h} u-u_{h}\right\|_{1, h} \leq C\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0} \tag{2.25}
\end{equation*}
$$

Proof. By Lemma 2.2 there is a pair $(\boldsymbol{\tau}, v) \in \boldsymbol{S}_{h} \times V_{h}$, with $\|\boldsymbol{\tau}\|_{0}+\|v\|_{1, h} \leq C$, such that

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}_{h}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}+\left\|u_{h}-P_{h} u\right\|_{1, h} \leq \mathcal{B}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, u_{h}-P_{h} u ; \boldsymbol{\tau}, v\right) . \tag{2.26}
\end{equation*}
$$

Next, (2.21), (2.23) and (2.24) give

$$
\begin{align*}
\mathcal{B}\left(\boldsymbol{\sigma}_{h}\right. & \left.-\boldsymbol{R}_{h} \boldsymbol{\sigma}, u_{h}-P_{h} u ; \boldsymbol{\tau}, v\right) \\
& =\left(\boldsymbol{\sigma}_{h}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, \boldsymbol{\tau}\right)+\left(\operatorname{div} \boldsymbol{\tau}, u_{h}-P_{h} u\right)+\left(\operatorname{div}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right), v\right)  \tag{2.27}\\
& =\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, \boldsymbol{\tau}\right) \leq\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}\|\boldsymbol{\tau}\|_{0} \leq C\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}
\end{align*}
$$

The assertion then follows from the triangle inequality.
This gives (assuming full regularity):

$$
\begin{array}{cl}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|P_{h} u-u_{h}\right\|_{1, h} \leq C h^{k+1}|\boldsymbol{\sigma}|_{k+1} & \text { for BDM } \\
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|P_{h} u-u_{h}\right\|_{1, h} \leq C h^{k}|\boldsymbol{\sigma}|_{k} & \text { for RTN. } \tag{2.29}
\end{array}
$$

We note that these estimates contain a superconvergence result for $\left\|P_{h} u-u_{h}\right\|_{1, h}$. This, together with the fact that $\sigma_{h}$ is a good approximation of $\nabla u$, implies that an improved approximation for the displacement can be constructed by local postprocessing. Below we will consider the method introduced in $[17,16]$. The postprocessed displacement is sought in a FE space $V_{h}^{*} \supset V_{h}$. For our choices, the spaces are

$$
\begin{align*}
V_{h}^{* B D M} & =\left\{v \in L^{2}(\Omega)|v|_{K} \in P_{k+1}(K) \forall K \in \mathcal{C}_{h}\right\}  \tag{2.30}\\
V_{h}^{* R T N} & =\left\{v \in L^{2}(\Omega)|v|_{K} \in P_{k}(K) \forall K \in \mathcal{C}_{h}\right\} \tag{2.31}
\end{align*}
$$

Postprocessing method. Find $u_{h}^{*} \in V_{h}^{*}$ such that

$$
\begin{equation*}
P_{h} u_{h}^{*}=u_{h} \tag{2.32}
\end{equation*}
$$

and

$$
\begin{equation*}
\left(\nabla u_{h}^{*}, \nabla v\right)_{K}=\left.\left(\sigma_{h}, \nabla v\right)_{K} \quad \forall v \in\left(I-P_{h}\right) V_{h}^{*}\right|_{K} \tag{2.33}
\end{equation*}
$$

The error analysis of this postprocessing is done in [17, 16]. Here we proceed in a slightly different way by considering the method and the postprocessing as one method. To this end we define the bilinear form

$$
\begin{align*}
\mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \boldsymbol{\tau}, v^{*}\right)= & (\boldsymbol{\varphi}, \boldsymbol{\tau})+\left(\operatorname{div} \boldsymbol{\tau}, w^{*}\right)+\left(\operatorname{div} \boldsymbol{\varphi}, v^{*}\right)  \tag{2.34}\\
& +\sum_{K \in \mathcal{C}_{h}}\left(\nabla w^{*}-\boldsymbol{\varphi}, \nabla\left(I-P_{h}\right) v^{*}\right)_{K}
\end{align*}
$$

Then we have the following equivalence to the original problem.
Lemma 2.4. Let $\left(\boldsymbol{\sigma}_{h}, u_{h}^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*}$ be the solution to the problem

$$
\begin{equation*}
\mathcal{B}_{h}\left(\boldsymbol{\sigma}_{h}, u_{h}^{*} ; \boldsymbol{\tau}, v^{*}\right)+\left(P_{h} f, v^{*}\right)=0 \quad \forall\left(\boldsymbol{\tau}, v^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*} \tag{2.35}
\end{equation*}
$$

and set $u_{h}=P_{h} u_{h}^{*} \in V_{h}$. Then $\left(\boldsymbol{\sigma}_{h}, u_{h}\right) \in \boldsymbol{S}_{h} \times V_{h}$ coincides with the solution of (1.5)-(1.6). Conversely, let $\left(\boldsymbol{\sigma}_{h}, u_{h}\right) \in \boldsymbol{S}_{h} \times V_{h}$ be the solution of (1.5)-(1.6), and let $u_{h}^{*} \in V_{h}^{*}$ be the postprocessed displacement defined by (2.32)-(2.33). Then $\left(\boldsymbol{\sigma}_{h}, u_{h}^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*}$ is the solution to (2.35).
Proof. Testing by $(\boldsymbol{\tau}, 0) \in \boldsymbol{S}_{h} \times V_{h}^{*}$ in (2.35) gives

$$
\begin{equation*}
\left(\boldsymbol{\sigma}_{h}, \boldsymbol{\tau}\right)+\left(\operatorname{div} \boldsymbol{\tau}, u_{h}^{*}\right)=0 \quad \forall \boldsymbol{\tau} \in \boldsymbol{S}_{h} \tag{2.36}
\end{equation*}
$$

The equilibrium property (2.22) implies

$$
\begin{equation*}
\left(\operatorname{div} \boldsymbol{\tau}, u_{h}^{*}\right)=\left(\operatorname{div} \boldsymbol{\tau}, u_{h}\right) \tag{2.37}
\end{equation*}
$$

Hence, (1.5) is satisfied. Next, for a generic $v^{*} \in V_{h}^{*}$ set $v=P_{h} v^{*} \in V_{h}$ and observe that $V_{h}=P_{h}\left(V_{h}^{*}\right)$. Testing in (2.35) with $(\mathbf{0}, v)$, and using the fact that $\left(P_{h} f, v\right)=(f, v)$, we obtain

$$
\begin{equation*}
\left(\operatorname{div} \boldsymbol{\sigma}_{h}, v\right)+(f, v)=0 \quad \forall v \in V_{h} \tag{2.38}
\end{equation*}
$$

i.e. the equation (1.6). Conversely, let $\left(\boldsymbol{\sigma}_{h}, u_{h}\right) \in \boldsymbol{S}_{h} \times V_{h}$ be the solution of (1.5)(1.6), and let $u_{h}^{*} \in V_{h}^{*}$ be defined by (2.32)-(2.33). Splitting a generic $v^{*} \in V_{h}^{*}$ as $v^{*}=P_{h} v^{*}+\left(I-P_{h}\right) v^{*}$ we have

$$
\begin{align*}
& \mathcal{B}_{h}\left(\boldsymbol{\sigma}_{h}, u_{h}^{*} ; \boldsymbol{\tau}, v^{*}\right)=\mathcal{B}_{h}\left(\boldsymbol{\sigma}_{h}, u_{h}^{*} ; \boldsymbol{\tau}, P_{h} v^{*}\right)+\mathcal{B}_{h}\left(\boldsymbol{\sigma}_{h}, u_{h}^{*} ; \mathbf{0},\left(I-P_{h}\right) v^{*}\right)  \tag{2.39}\\
& \quad=\left(\boldsymbol{\sigma}_{h}, \boldsymbol{\tau}\right)+\left(\operatorname{div} \boldsymbol{\tau}, u_{h}^{*}\right)+\left(\operatorname{div} \boldsymbol{\sigma}_{h}, P_{h} v^{*}\right)+\sum_{K \in \mathcal{C}_{h}}\left(\nabla u_{h}^{*}-\boldsymbol{\sigma}_{h}, \nabla\left(I-P_{h}\right) P_{h} v^{*}\right)_{K} \\
& \quad+\left(\operatorname{div} \boldsymbol{\sigma}_{h},\left(I-P_{h}\right) v^{*}\right)+\sum_{K \in \mathcal{C}_{h}}\left(\nabla u_{h}^{*}-\boldsymbol{\sigma}_{h}, \nabla\left(I-P_{h}\right)\left(I-P_{h}\right) v^{*}\right)_{K} \\
& =\left(\boldsymbol{\sigma}_{h}, \boldsymbol{\tau}\right)+\left(\operatorname{div} \boldsymbol{\tau}, u_{h}\right)-\left(P_{h} f, P_{h} v^{*}\right)=-\left(P_{h} f, v^{*}\right) \quad \forall\left(\boldsymbol{\tau}, v^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*}
\end{align*}
$$

Therefore, $\left(\boldsymbol{\sigma}_{h}, u_{h}^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*}$ solves (2.35).
Next, we prove the stability. In the proof we will use the following norm equivalence.

Lemma 2.5. There are positive constants $C_{1}$ and $C_{2}$, such that

$$
\begin{equation*}
\left\|w^{*}\right\|_{1, h} \leq\left\|P_{h} w^{*}\right\|_{1, h}+\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h} \leq C_{2}\left\|w^{*}\right\|_{1, h} \tag{2.40}
\end{equation*}
$$

and

$$
\begin{equation*}
C_{1}\left\|w^{*}\right\|_{1, h} \leq\left\|P_{h} w^{*}\right\|_{1, h}+\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}\right)^{1 / 2} \leq C_{2}\left\|w^{*}\right\|_{1, h} \tag{2.41}
\end{equation*}
$$

for every $w^{*} \in V_{h}^{*}$.
Proof. We first prove (2.40). The estimate

$$
\left\|w^{*}\right\|_{1, h} \leq\left\|P_{h} w^{*}\right\|_{1, h}+\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h}
$$

follows immediately from the triangle inequality. To continue, we notice that

$$
\begin{equation*}
\left\|P_{h} w^{*}\right\|_{1, h}+\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h} \leq 2\left\|P_{h} w^{*}\right\|_{1, h}+\left\|w^{*}\right\|_{1, h} \tag{2.42}
\end{equation*}
$$

We now fix an interior edge/face $E$, and we consider the elements $K_{1}$ and $K_{2}$ such that $E=K_{1} \cap K_{2}$. A scaling argument shows that

$$
\begin{equation*}
h_{E}^{-1}\left\|\llbracket P_{h} w^{*} \rrbracket\right\|_{0, E}^{2}+\sum_{i=1}^{2}\left\|\nabla P_{h} w^{*}\right\|_{0, K_{i}}^{2} \leq C\left(h_{E}^{-1}\left\|\llbracket w^{*} \rrbracket\right\|_{0, E}^{2}+\sum_{i=1}^{2}\left\|\nabla w^{*}\right\|_{0, K_{i}}^{2}\right) . \tag{2.43}
\end{equation*}
$$

If $E \subset K$ is an edge/face lying in $\partial \Omega$, a similar argument gives

$$
\begin{equation*}
h_{E}^{-1}\left\|P_{h} w^{*}\right\|_{0, E}^{2}+\left\|\nabla P_{h} w^{*}\right\|_{0, K}^{2} \leq C\left(h_{E}^{-1}\left\|w^{*}\right\|_{0, E}^{2}+\left\|\nabla w^{*}\right\|_{0, K}^{2}\right) . \tag{2.44}
\end{equation*}
$$

The estimate

$$
\begin{equation*}
\left\|P_{h} w^{*}\right\|_{1, h}+\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h} \leq C_{2}\left\|w^{*}\right\|_{1, h} \tag{2.45}
\end{equation*}
$$

easily follows from (2.42)-(2.44) (cf. also (2.6)). Hence, (2.40) is proved.
To prove (2.41) we first notice that (2.45) implies

$$
\begin{equation*}
\left\|P_{h} w^{*}\right\|_{1, h}+\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}\right)^{1 / 2} \leq C_{2}\left\|w^{*}\right\|_{1, h} \tag{2.46}
\end{equation*}
$$

Next, scaling arguments lead to

$$
\begin{align*}
h_{E}^{-1}\left\|\llbracket w^{*} \rrbracket\right\|_{0, E}^{2} & +\sum_{i=1}^{2}\left\|\nabla w^{*}\right\|_{0, K_{i}}^{2} \leq C\left(h_{E}^{-1}\left\|\llbracket P_{h} w^{*} \rrbracket\right\|_{0, E}^{2}\right.  \tag{2.47}\\
& \left.+\sum_{i=1}^{2}\left(\left\|\nabla P_{h} w^{*}\right\|_{0, K_{i}}^{2}+\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K_{i}}^{2}\right)\right)
\end{align*}
$$

for an interior edge/face $E$, and to

$$
\begin{align*}
h_{E}^{-1}\left\|w^{*}\right\|_{0, E}^{2} & +\left\|\nabla w^{*}\right\|_{0, K}^{2} \leq C\left(h_{E}^{-1}\left\|P_{h} w^{*}\right\|_{0, E}^{2}\right.  \tag{2.48}\\
& \left.+\left\|\nabla P_{h} w^{*}\right\|_{0, K}^{2}+\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}\right),
\end{align*}
$$

for a boundary edge/face $E$. The estimate

$$
C_{1}\left\|w^{*}\right\|_{1, h} \leq\left\|P_{h} w^{*}\right\|_{1, h}+\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}\right)^{1 / 2}
$$

is a consequence of $(2.47)-(2.48)$. The proof is complete.

Lemma 2.6. There is a positive constant constant $C$ such that

$$
\begin{equation*}
\sup _{\left(\boldsymbol{\tau}, v^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*}} \frac{\mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \boldsymbol{\tau}, v^{*}\right)}{\|\boldsymbol{\tau}\|_{0}+\left\|v^{*}\right\|_{1, h}} \geq C\left(\|\boldsymbol{\varphi}\|_{0}+\left\|w^{*}\right\|_{1, h}\right) \quad \forall\left(\boldsymbol{\varphi}, w^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*} . \tag{2.49}
\end{equation*}
$$

Proof. Let $\left(\boldsymbol{\varphi}, w^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*}$ be arbitrary. By choosing $v^{*}=v \in V_{h}$ and using the equilibrium condition (2.22) we then get

$$
\begin{align*}
\mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \boldsymbol{\tau}, v\right) & =(\boldsymbol{\varphi}, \boldsymbol{\tau})+\left(\operatorname{div} \boldsymbol{\tau}, w^{*}\right)+(\operatorname{div} \boldsymbol{\varphi}, v)  \tag{2.50}\\
& =(\boldsymbol{\varphi}, \boldsymbol{\tau})+\left(\operatorname{div} \boldsymbol{\tau}, P_{h} w^{*}\right)+(\operatorname{div} \boldsymbol{\varphi}, v) \\
& =\mathcal{B}\left(\boldsymbol{\varphi}, P_{h} w^{*} ; \boldsymbol{\tau}, v\right)
\end{align*}
$$

Hence, the stability of Lemma 2.2 implies that we can choose $(\boldsymbol{\tau}, v)$ such that

$$
\begin{equation*}
\mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \boldsymbol{\tau}, v\right) \geq\left(\|\boldsymbol{\varphi}\|_{0}^{2}+\left\|P_{h} w^{*}\right\|_{1, h}^{2}\right) \tag{2.51}
\end{equation*}
$$

and

$$
\begin{equation*}
\|\boldsymbol{\tau}\|_{0}+\|v\|_{1, h} \leq C_{1}\left(\|\boldsymbol{\varphi}\|_{0}+\left\|P_{h} w^{*}\right\|_{1, h}\right) . \tag{2.52}
\end{equation*}
$$

Next, (2.10) and Schwarz inequality give

$$
\begin{align*}
& \mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \mathbf{0},\left(I-P_{h}\right) w^{*}\right)  \tag{2.53}\\
& =\left(\operatorname{div} \boldsymbol{\varphi},\left(I-P_{h}\right) w^{*}\right)+\sum_{K \in \mathcal{C}_{h}}\left(\nabla w^{*}-\boldsymbol{\varphi}, \nabla\left(I-P_{h}\right) w^{*}\right)_{K} \\
& \geq-C_{2}\|\boldsymbol{\varphi}\|_{0}\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h}+\sum_{K \in \mathcal{C}_{h}}\left(\nabla w^{*}, \nabla\left(I-P_{h}\right) w^{*}\right)_{K} \\
& =-C_{2}\|\boldsymbol{\varphi}\|_{0}\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h}+\sum_{K \in \mathcal{C}_{h}}\left(\nabla P_{h} w^{*}, \nabla\left(I-P_{h}\right) w^{*}\right)_{K} \\
& \quad+\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2} \\
& \geq-\left(C_{2}\|\boldsymbol{\varphi}\|_{0}+\left\|P_{h} w^{*}\right\|_{1, h}\right)\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h} \\
& \quad+\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}
\end{align*}
$$

We now notice that $\left(I-P_{h}\right) w^{*}$ is $L^{2}$-orthogonal to the piecewise constant functions; therefore, a scaling argument shows that

$$
\begin{equation*}
\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h} \leq C_{3}\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}\right)^{1 / 2} \tag{2.54}
\end{equation*}
$$

For $\alpha>0$, we obtain from (2.53) and (2.54)

$$
\begin{align*}
& \mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \mathbf{0},\left(I-P_{h}\right) w^{*}\right)  \tag{2.55}\\
& \geq-\frac{1}{2 \alpha}\left(C_{2}\|\boldsymbol{\varphi}\|_{0}+\left\|P_{h} w^{*}\right\|_{1, h}\right)^{2}-\frac{\alpha}{2}\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h}^{2} \\
& \quad+\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2} \\
& \geq-\frac{1}{2 \alpha}\left(C_{2}\|\boldsymbol{\varphi}\|_{0}+\left\|P_{h} w^{*}\right\|_{1, h}\right)^{2} \\
& \quad+\left(1-\frac{\alpha C_{3}^{2}}{2}\right) \sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}
\end{align*}
$$

Choosing $\alpha>0$ sufficiently small, we get

$$
\begin{equation*}
\mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \mathbf{0},\left(I-P_{h}\right) w^{*}\right) \geq C_{4}\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}-\|\boldsymbol{\varphi}\|_{0}^{2}-\left\|P_{h} w^{*}\right\|_{1, h}^{2}\right) \tag{2.56}
\end{equation*}
$$

Combining (2.51) and (2.56), with $\delta>0$ to be chosen, we have
(2.57) $\mathcal{B}_{h}\left(\boldsymbol{\varphi}, w^{*} ; \boldsymbol{\tau}, v+\delta\left(I-P_{h}\right) w^{*}\right)$

$$
\geq\left(1-\delta C_{4}\right)\left(\|\boldsymbol{\varphi}\|_{0}^{2}+\left\|P_{h} w^{*}\right\|_{1, h}^{2}\right)+\delta C_{4} \sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2}
$$

Next, by (2.41) we have

$$
\begin{equation*}
\left\|P_{h} w^{*}\right\|_{1, h}^{2}+\delta \sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(I-P_{h}\right) w^{*}\right\|_{0, K}^{2} \geq C_{5}\left\|w^{*}\right\|_{1, h}^{2} . \tag{2.58}
\end{equation*}
$$

From (2.52) and (2.40) we have

$$
\begin{align*}
& \|\boldsymbol{\tau}\|_{0}+\left\|v+\delta\left(I-P_{h}\right) w^{*}\right\|_{1, h} \\
& \leq\|\boldsymbol{\tau}\|_{0}+\|v\|_{1, h}+\delta\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h}  \tag{2.59}\\
& \leq C_{1}\left(\|\boldsymbol{\varphi}\|_{0}+\left\|P_{h} w^{*}\right\|_{1, h}\right)+\delta\left\|\left(I-P_{h}\right) w^{*}\right\|_{1, h} \\
& \leq C_{6}\left(\|\boldsymbol{\varphi}\|_{0}+\left\|w^{*}\right\|_{1, h}\right)
\end{align*}
$$

Choosing $\delta=1 /\left(2 C_{4}\right)$, estimate (2.49) is proved by combining (2.57)-(2.59).
Theorem 2.7. The following a priori error estimate holds

$$
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h} \leq C\left(\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}+\inf _{v^{*} \in V_{h}^{*}}\left\|u-v^{*}\right\|_{1, h}\right)
$$

Proof. From Lemma 2.6 it follows that there is $\left(\boldsymbol{\varphi}, w^{*}\right) \in \boldsymbol{S}_{h} \times V_{h}^{*}$, with $\|\boldsymbol{\varphi}\|_{0}+$ $\left\|w^{*}\right\|_{1, h} \leq C$, such that

$$
\begin{equation*}
\left(\left\|\boldsymbol{\sigma}_{h}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}+\left\|u_{h}^{*}-v^{*}\right\|_{1, h}\right) \leq \mathcal{B}_{h}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, u_{h}^{*}-v^{*} ; \boldsymbol{\varphi}, w^{*}\right) \tag{2.60}
\end{equation*}
$$

Next, from the definition of $\mathcal{B}_{h}$ and the equations (1.3)-(1.4) it follows that

$$
\begin{equation*}
\mathcal{B}_{h}\left(\boldsymbol{\sigma}, u ; \boldsymbol{\varphi}, w^{*}\right)+\left(f, w^{*}\right)=0 \tag{2.61}
\end{equation*}
$$

Hence it holds

$$
\begin{align*}
& \mathcal{B}_{h}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, u_{h}^{*}-v^{*} ; \boldsymbol{\varphi}, w^{*}\right)  \tag{2.62}\\
& \quad=\mathcal{B}_{h}\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, u-v^{*} ; \boldsymbol{\varphi}, w^{*}\right)+\left(f-P_{h} f, w^{*}\right)
\end{align*}
$$

Writing out the right hand side we have

$$
\begin{align*}
& \mathcal{B}_{h}\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, u-v^{*} ; \boldsymbol{\varphi}, w^{*}\right)+\left(f-P_{h} f, w^{*}\right)  \tag{2.63}\\
& =\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, \boldsymbol{\varphi}\right)+\left(\operatorname{div} \boldsymbol{\varphi}, u-v^{*}\right)+\left(\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right), w^{*}\right) \\
& +\sum_{K \in \mathcal{C}_{h}}\left(\nabla\left(u-v^{*}\right)-\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right), \nabla\left(I-P_{h}\right) w^{*}\right)_{K}+\left(f-P_{h} f, w^{*}\right) .
\end{align*}
$$

The commuting property (2.24) gives

$$
\begin{equation*}
\left(\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right), w^{*}\right)=-\left(f-P_{h} f, w^{*}\right) \tag{2.64}
\end{equation*}
$$

Hence, the third and the last term on the right hand side of (2.63) cancel. The other terms are directly estimated

$$
\begin{align*}
& \left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}, \boldsymbol{\varphi}\right) \leq\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}\|\boldsymbol{\varphi}\|_{0} \leq C\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}  \tag{2.65}\\
& \left(\operatorname{div} \boldsymbol{\varphi}, u-v^{*}\right) \leq C\|\boldsymbol{\varphi}\|_{0}\left\|u-v^{*}\right\|_{1, h} \leq C\left\|u-v^{*}\right\|_{1, h} \tag{2.66}
\end{align*}
$$

and using (2.41)

$$
\begin{align*}
& \sum_{K \in \mathcal{C}_{h}}\left(\nabla\left(u-v^{*}\right)-\left(\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right), \nabla\left(I-P_{h}\right) w^{*}\right)_{K}  \tag{2.67}\\
& \quad \leq C\left(\left\|u-v^{*}\right\|_{1, h}+\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}\right)\left\|w^{*}\right\|_{1, h} \\
& \quad \leq C\left(\left\|u-v^{*}\right\|_{1, h}+\left\|\boldsymbol{\sigma}-\boldsymbol{R}_{h} \boldsymbol{\sigma}\right\|_{0}\right)
\end{align*}
$$

The assertion then follows by collecting the above estimate and using the triangle inequality.

For our choices of spaces we obtain the estimates (with the assumption of a sufficiently smooth solution).

Corollary 2.8. There are positive constants $C$ such that

$$
\begin{array}{cl}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h} \leq C h^{k+1}|u|_{k+2} & \text { for } B D M, \\
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h} \leq C h^{k}|u|_{k+1} & \text { for } R T N . \tag{2.69}
\end{array}
$$

## 3. A-Posteriori estimates

We define the following local error indicators on the elements

$$
\begin{equation*}
\eta_{1, K}=\left\|\nabla u_{h}^{*}-\boldsymbol{\sigma}_{h}\right\|_{0, K}, \quad \eta_{2, K}=h_{K}\left\|f-P_{h} f\right\|_{0, K}, \tag{3.1}
\end{equation*}
$$

and on the edges

$$
\begin{equation*}
\eta_{E}=h_{E}^{-1 / 2}\left\|\llbracket u_{h}^{*} \rrbracket\right\|_{0, E} \tag{3.2}
\end{equation*}
$$

Using these quantities, the global estimator is

$$
\begin{equation*}
\eta=\left(\sum_{K \in \mathcal{C}_{h}}\left(\eta_{1, K}^{2}+\eta_{2, K}^{2}\right)+\sum_{E \in \Gamma_{h}} \eta_{E}^{2}\right)^{1 / 2} \tag{3.3}
\end{equation*}
$$

The efficiency of the estimator is given by the following lower bounds, which directly follow from (1.3) using the triangle inequality, and from (3.2) noting that $\llbracket u \rrbracket=0$ on each edge $E$.

Theorem 3.1. It holds

$$
\begin{align*}
& \eta_{1, K} \leq\left\|\nabla\left(u-u_{h}^{*}\right)\right\|_{0, K}+\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0, K}, \\
& \eta_{E}=h_{E}^{-1 / 2}\left\|\llbracket u-u_{h}^{*} \rrbracket\right\|_{0, E} . \tag{3.4}
\end{align*}
$$

As far as the estimator reliability is concerned, below we will use two different techniques.
3.1. Reliability via a saturation assumption. The first technique to prove the upper bound is based on the following saturation assumption. We let $\mathcal{C}_{h / 2}$ be the mesh obtained from $\mathcal{C}_{h}$ by refined each element into $2^{n}(n=2,3)$ elements. For clarity all variables in the spaces defined on $\mathcal{C}_{h}$ will be equipped with the subscript $h$ whereas $h / 2$ will be used for those defined on $\mathcal{C}_{h / 2}$. Accordingly, we let $\left(\boldsymbol{\sigma}_{h / 2}, u_{h / 2}^{*}\right) \in \boldsymbol{S}_{h / 2} \times V_{h / 2}^{*}$ be the solution to

$$
\begin{equation*}
\mathcal{B}_{h / 2}\left(\boldsymbol{\sigma}_{h / 2}, u_{h / 2}^{*} ; \boldsymbol{\tau}_{h / 2}, v_{h / 2}^{*}\right)+\left(P_{h / 2} f, v_{h / 2}^{*}\right)=0 \quad \forall\left(\boldsymbol{\tau}_{h / 2}, v_{h / 2}^{*}\right) \in \boldsymbol{S}_{h / 2} \times V_{h / 2}^{*} . \tag{3.5}
\end{equation*}
$$

As already done in [5], we make the following assumption for the solutions of (2.35) and (3.5).

Saturation assumption. There exists a positive constant $\beta<1$ such that

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h / 2}\right\|_{0}+\left\|u-u_{h / 2}^{*}\right\|_{1, h / 2} \leq \beta\left(\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h}\right) . \tag{3.6}
\end{equation*}
$$

Since it holds

$$
\begin{equation*}
\left\|u-u_{h}^{*}\right\|_{1, h} \leq\left\|u-u_{h}^{*}\right\|_{1, h / 2} \tag{3.7}
\end{equation*}
$$

we also have

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h / 2}\right\|_{0}+\left\|u-u_{h / 2}^{*}\right\|_{1, h / 2} \leq \beta\left(\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h / 2}\right) \tag{3.8}
\end{equation*}
$$

Using the triangle inequality we then get

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h / 2} \leq \frac{1}{1-\beta}\left(\left\|\boldsymbol{\sigma}_{h / 2}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u_{h / 2}^{*}-u_{h}^{*}\right\|_{1, h / 2}\right) \tag{3.9}
\end{equation*}
$$

By again using (3.7) we obtain

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h} \leq \frac{1}{1-\beta}\left(\left\|\boldsymbol{\sigma}_{h / 2}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u_{h / 2}^{*}-u_{h}^{*}\right\|_{1, h / 2}\right) \tag{3.10}
\end{equation*}
$$

We now prove the following result.
Theorem 3.2. Suppose that the saturation assumption (3.6) holds. Then there exists a positive constant $C$ such that

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h} \leq C \eta \tag{3.11}
\end{equation*}
$$

Proof. By (3.10) it is sufficient to prove the following bound

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}_{h / 2}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u_{h / 2}^{*}-u_{h}^{*}\right\|_{1, h / 2} \leq C \eta . \tag{3.12}
\end{equation*}
$$

By Lemma 2.6 applied to the finer mesh $\mathcal{C}_{h / 2}$, there is $\left(\boldsymbol{\tau}_{h / 2}, v_{h / 2}^{*}\right) \in \boldsymbol{S}_{h / 2} \times V_{h / 2}^{*}$, with $\left\|\boldsymbol{\tau}_{h / 2}\right\|_{0}+\left\|v_{h / 2}^{*}\right\|_{1, h / 2} \leq C$, such that

$$
\begin{align*}
& \left(\left\|\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}\right\|_{0}+\left\|u_{h}^{*}-u_{h / 2}^{*}\right\|_{1, h / 2}\right)  \tag{3.13}\\
& \quad \leq \mathcal{B}_{h / 2}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}, u_{h}^{*}-u_{h / 2}^{*} ; \boldsymbol{\tau}_{h / 2}, v_{h / 2}^{*}\right)
\end{align*}
$$

Using the fact that

$$
\begin{equation*}
\left(\boldsymbol{\sigma}_{h / 2}, \boldsymbol{\tau}_{h / 2}\right)+\left(\operatorname{div} \boldsymbol{\tau}_{h / 2}, u_{h / 2}^{*}\right)=0 \tag{3.14}
\end{equation*}
$$

we have

$$
\begin{align*}
\mathcal{B}_{h / 2} & \left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}, u_{h}^{*}-u_{h / 2}^{*} ; \boldsymbol{\tau}_{h / 2}, v_{h / 2}^{*}\right) \\
= & \left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}, \boldsymbol{\tau}_{h / 2}\right)+\left(\operatorname{div} \boldsymbol{\tau}_{h / 2}, u_{h}^{*}-u_{h / 2}^{*}\right)+\left(\operatorname{div}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}\right), v_{h / 2}^{*}\right) \\
5) & +\sum_{K \in \mathcal{C}_{h / 2}}\left(\nabla\left(u_{h}^{*}-u_{h / 2}^{*}\right)-\left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}\right), \nabla\left(I-P_{h / 2}\right) v_{h / 2}^{*}\right)_{K}  \tag{3.15}\\
= & \left(\boldsymbol{\sigma}_{h}, \boldsymbol{\tau}_{h / 2}\right)+\left(\operatorname{div} \boldsymbol{\tau}_{h / 2}, u_{h}^{*}\right)+\left(\operatorname{div}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}\right), v_{h / 2}^{*}\right) \\
& +\sum_{K \in \mathcal{C}_{h / 2}}\left(\nabla u_{h}^{*}-\boldsymbol{\sigma}_{h}, \nabla\left(I-P_{h / 2}\right) v_{h / 2}^{*}\right)_{K},
\end{align*}
$$

We now notice that it holds (cf. (2.9))

$$
\begin{equation*}
C\left\|\boldsymbol{\tau}_{h / 2}\right\|_{0, h} \leq\left\|\boldsymbol{\tau}_{h / 2}\right\|_{0} \leq\left\|\boldsymbol{\tau}_{h / 2}\right\|_{0, h} \quad \forall \boldsymbol{\tau}_{h / 2} \in \boldsymbol{S}_{h / 2} \tag{3.16}
\end{equation*}
$$

Therefore, using (3.16) and (3.1)-(3.3), we obtain

$$
\begin{align*}
& \left(\boldsymbol{\sigma}_{h}, \boldsymbol{\tau}_{h / 2}\right)+\left(\operatorname{div} \boldsymbol{\tau}_{h / 2}, u_{h}^{*}\right) \\
& \quad=\sum_{K \in \mathcal{C}_{h}}\left(\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}, \boldsymbol{\tau}_{h / 2}\right)_{K}+\sum_{E \in \Gamma_{h}}\left\langle\boldsymbol{\tau}_{h / 2} \cdot \boldsymbol{n}, \llbracket u_{h}^{*} \rrbracket\right\rangle_{E} \\
& \quad \leq \sum_{K \in \mathcal{C}_{h}}\left\|\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}\right\|_{0, K}\left\|\boldsymbol{\tau}_{h / 2}\right\|_{0, K}+\sum_{E \in \Gamma_{h}}\left\|\boldsymbol{\tau}_{h / 2} \cdot \boldsymbol{n}\right\|_{0, E}\left\|\llbracket u_{h}^{*} \rrbracket\right\|_{0, E}  \tag{3.17}\\
& \quad \leq \eta\left\|\boldsymbol{\tau}_{h / 2}\right\|_{0, h} \leq \eta C\left\|\boldsymbol{\tau}_{h / 2}\right\|_{0} \leq C \eta .
\end{align*}
$$

Similarly for the last term in (3.15) we get using (2.40)

$$
\begin{align*}
& \sum_{K \in \mathcal{C}_{h / 2}}\left(\nabla u_{h}^{*}-\boldsymbol{\sigma}_{h}, \nabla\left(I-P_{h / 2}\right) v_{h / 2}^{*}\right)_{K} \leq C \eta\left\|\left(I-P_{h / 2}\right) v_{h / 2}^{*}\right\|_{1, h / 2}  \tag{3.18}\\
& \quad \leq C \eta\left\|v_{h / 2}^{*}\right\|_{1, h / 2} \leq C \eta
\end{align*}
$$

When estimating the term $\left(\operatorname{div}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}\right), v_{h / 2}^{*}\right)$ in (3.15) we recall that

$$
\operatorname{div} \boldsymbol{\sigma}_{h}=-P_{h} f \quad \text { and } \quad \operatorname{div} \boldsymbol{\sigma}_{h / 2}=-P_{h / 2} f
$$

and that $P_{h}, P_{h / 2}$ are $L^{2}$-projection operators. Therefore, we have

$$
\begin{align*}
& \left(\operatorname{div}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}\right), v_{h / 2}^{*}\right)=\left(P_{h / 2} f-P_{h} f, v_{h / 2}^{*}\right)  \tag{3.19}\\
& \quad=\left(P_{h / 2} f-f, v_{h / 2}^{*}\right)+\left(f-P_{h} f, v_{h / 2}^{*}\right) \\
& \quad=\left(P_{h / 2} f-f, v_{h / 2}^{*}-P_{h / 2} v_{h / 2}^{*}\right)+\left(f-P_{h} f, v_{h / 2}^{*}-P_{h} v_{h / 2}^{*}\right)
\end{align*}
$$

Next, we use the following interpolation estimates, which are easily proved by standard scaling arguments (cf. [5, Lemma 3.1]):

$$
\left\|v_{h / 2}^{*}-P_{h} v_{h / 2}^{*}\right\|_{0, K} \leq C h_{K}\left|v_{h / 2}^{*}\right|_{1, h / 2, K}, \quad \forall K \in \mathcal{C}_{h}
$$

where

$$
\left|v_{h / 2}^{*}\right|_{1, h / 2, K}^{2}=\sum_{K_{i}}\left\|\nabla v_{h / 2}^{*}\right\|_{0, K_{i}}^{2}+\sum_{E_{i}} h_{E_{i}}^{-1}\left\|\llbracket v_{h / 2}^{*} \rrbracket\right\|_{0, E_{i}}^{2}
$$

Here $K_{i} \subset K$ are the elements of $\mathcal{C}_{h / 2}$ and $E_{i}$ are the edges of $\Gamma_{h / 2}$ lying in the interior of $K$. This gives

$$
\begin{align*}
\left(f-P_{h} f, v_{h / 2}^{*}-P_{h} v_{h / 2}^{*}\right) & \leq C\left(\sum_{K \in \mathcal{C}_{h}} h_{K}^{2}\left\|f-P_{h} f\right\|_{0, K}^{2}\right)^{1 / 2}\left\|v_{h / 2}^{*}\right\|_{1, h / 2}  \tag{3.20}\\
& \leq C\left(\sum_{K \in \mathcal{C}_{h}} h_{K}^{2}\left\|f-P_{h} f\right\|_{0, K}^{2}\right)^{1 / 2} \leq C \eta
\end{align*}
$$

We also have

$$
\begin{aligned}
\left(P_{h / 2} f-f, v_{h / 2}^{*}\right. & \left.-P_{h / 2} v_{h / 2}^{*}\right) \leq \sum_{K \in \mathcal{C}_{h / 2}}\left\|f-P_{h / 2} f\right\|_{0, K}\left\|v_{h / 2}^{*}-P_{h / 2} v_{h / 2}^{*}\right\|_{0, K} \\
& \leq C \sum_{K \in \mathcal{C}_{h / 2}} h_{K}\left\|f-P_{h / 2} f\right\|_{0, K}\left\|\nabla v_{h / 2}^{*}\right\|_{0, K} \\
& \leq C\left(\sum_{K \in \mathcal{C}_{h / 2}} h_{K}^{2}\left\|f-P_{h / 2} f\right\|_{0, K}^{2}\right)^{1 / 2}\left\|v_{h / 2}^{*}\right\|_{1, h / 2} \\
& \leq C\left(\sum_{K \in \mathcal{C}_{h / 2}} h_{K}^{2}\left\|f-P_{h / 2} f\right\|_{0, K}^{2}\right)^{1 / 2} \\
& \leq C\left(\sum_{K \in \mathcal{C}_{h}} h_{K}^{2}\left\|f-P_{h / 2} f\right\|_{0, K}^{2}\right)^{1 / 2}
\end{aligned}
$$

Since, by the properties of $L^{2}$-projection operators, it holds

$$
\left\|f-P_{h / 2} f\right\|_{0, K} \leq\left\|f-P_{h} f\right\|_{0, K} \quad \forall K \in \mathcal{C}_{h}
$$

from (3.21) we obtain

$$
\begin{equation*}
\left(P_{h / 2} f-f, v_{h / 2}^{*}-P_{h / 2} v_{h / 2}^{*}\right) \leq C\left(\sum_{K \in \mathcal{C}_{h}} h_{K}^{2}\left\|f-P_{h} f\right\|_{0, K}^{2}\right)^{1 / 2} \leq C \eta \tag{3.22}
\end{equation*}
$$

By collecting the estimates (3.17)-(3.20) and (3.22), from (3.15) we get

$$
\begin{equation*}
\mathcal{B}_{h / 2}\left(\boldsymbol{\sigma}_{h}-\boldsymbol{\sigma}_{h / 2}, u_{h}^{*}-u_{h / 2}^{*} ; \boldsymbol{\tau}_{h / 2}, v_{h / 2}^{*}\right) \leq C \eta . \tag{3.23}
\end{equation*}
$$

The assertion now follows from (3.13).

We have presented the above proof since this is rather general and can be used for other problems as well. In [13] we use it for a plate bending method.
3.2. Reliability via a Helmholtz decomposition. Now, let us give another proof of the estimator reliability, not relying on the saturation assumption.

Theorem 3.3. Suppose that $\Omega \subset \mathbb{R}^{2}$ is a simply connected domain. Then there exists a positive constant $C$ such that

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h} \leq C \eta . \tag{3.24}
\end{equation*}
$$

Proof. We use the techniques of [11] and [10]. We first notice that

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}=\sup _{\boldsymbol{\varphi} \in \boldsymbol{L}^{2}(\Omega)} \frac{\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \boldsymbol{\varphi}\right)}{\|\boldsymbol{\varphi}\|_{0}} \tag{3.25}
\end{equation*}
$$

For a generic $\varphi \in \boldsymbol{L}^{2}(\Omega)$, we consider the $\boldsymbol{L}^{2}$-orthogonal Helmholtz decomposition (see, e.g. [12]):

$$
\begin{equation*}
\varphi=\nabla \psi+\operatorname{curl} q, \quad \psi \in H_{0}^{1}(\Omega), \quad q \in H^{1}(\Omega) / \mathbb{R} \tag{3.26}
\end{equation*}
$$

with

$$
\begin{equation*}
\|\varphi\|_{0}=\left(\|\nabla \psi\|_{0}^{2}+\|\operatorname{curl} q\|_{0}^{2}\right)^{1 / 2} \tag{3.27}
\end{equation*}
$$

Therefore, from (3.25)-(3.27) we see that it holds

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0} \leq \sup _{\psi \in H_{0}^{1}(\Omega)} \frac{\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \nabla \psi\right)}{|\psi|_{1}}+\sup _{q \in H^{1}(\Omega) / \mathbb{R}} \frac{\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \operatorname{curl} q\right)}{|q|_{1}} . \tag{3.28}
\end{equation*}
$$

Given $\psi \in H_{0}^{1}(\Omega)$, from (1.4) and (1.6) it follows that

$$
\begin{equation*}
\left(\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right), P_{h} \psi\right)=0 \tag{3.29}
\end{equation*}
$$

Hence, we have

$$
\begin{align*}
\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \nabla \psi\right) & =-\left(\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right), \psi\right) \\
& =-\left(\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right), \psi-P_{h} \psi\right) \\
& \leq C\left(\sum_{K \in \mathcal{C}_{h}} h_{K}^{2}\left\|\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right)\right\|_{0, K}^{2}\right)^{1 / 2}|\psi|_{1}  \tag{3.30}\\
& \leq C\left(\sum_{K \in \mathcal{C}_{h}} h_{K}^{2}| | f-P_{h} f \|_{0, K}^{2}\right)^{1 / 2}|\psi|_{1} .
\end{align*}
$$

As a consequence, we get (cf. (3.1))

$$
\begin{equation*}
\sup _{\psi \in H_{0}^{1}(\Omega)} \frac{\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \nabla \psi\right)}{|\psi|_{1}} \leq C\left(\sum_{K \in \mathcal{C}_{h}} h_{K}^{2}\left\|f-P_{h} f\right\|_{0, K}^{2}\right)^{1 / 2}=C\left(\sum_{K \in \mathcal{C}_{h}} \eta_{2, K}^{2}\right)^{1 / 2} \tag{3.31}
\end{equation*}
$$

To continue, let $I_{h} q$ be the Clément interpolant of $q$ in the space of continuous piecewise linear functions (see [4], for instance) satisfying

$$
\begin{equation*}
\left\|q-I_{h} q\right\|_{1}+\left(\sum_{E \in \Gamma_{h}} h_{E}^{-1}\left\|q-I_{h} q\right\|_{0, E}^{2}\right)^{1 / 2} \leq C|q|_{1} \tag{3.32}
\end{equation*}
$$

Noting that $\operatorname{curl} I_{h} q \in \boldsymbol{S}_{h}$, and div $\operatorname{curl} I_{h} q=0$, from (1.3) and (1.5) we get

$$
\begin{equation*}
\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \operatorname{curl} I_{h} q\right)=0 \tag{3.33}
\end{equation*}
$$

Therefore, using (3.32), one has

$$
\begin{align*}
& \left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \operatorname{curl} q\right)=\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \operatorname{curl}\left(q-I_{h} q\right)\right)  \tag{3.34}\\
& \quad=\left(\nabla u-\boldsymbol{\sigma}_{h}, \operatorname{curl}\left(q-I_{h} q\right)\right)=-\left(\boldsymbol{\sigma}_{h}, \operatorname{curl}\left(q-I_{h} q\right)\right) \\
& \quad=-\sum_{K \in \mathcal{C}_{h}}\left(\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}, \operatorname{curl}\left(q-I_{h} q\right)\right)_{K}+\sum_{K \in \mathcal{C}_{h}}\left(\nabla u_{h}^{*}, \operatorname{curl}\left(q-I_{h} q\right)\right)_{K} \\
& \quad \leq C\left(\sum_{K \in \mathcal{C}_{h}}\left\|\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}\right\|_{0, K}^{2}\right)^{1 / 2}|q|_{1}+\sum_{K \in \mathcal{C}_{h}}\left(\nabla u_{h}^{*}, \operatorname{curl}\left(q-I_{h} q\right)\right)_{K} .
\end{align*}
$$

Furthermore, an integration by parts and standard arguments and (3.32) give

$$
\begin{align*}
& \sum_{K \in \mathcal{C}_{h}}\left(\nabla u_{h}^{*}, \operatorname{curl}\left(q-I_{h} q\right)\right)_{K}=-\sum_{K \in \mathcal{C}_{h}}\left\langle\nabla u_{h}^{*} \cdot \boldsymbol{t}, q-I_{h} q\right\rangle_{\partial K} \\
&=-\sum_{E \in \Gamma_{h}}\left\langle\llbracket \nabla u_{h}^{*} \cdot \boldsymbol{t} \rrbracket, q-I_{h} q\right\rangle_{E} \\
& \leq\left(\sum_{E \in \Gamma_{h}} h_{E}\left\|\llbracket \nabla u_{h}^{*} \cdot \boldsymbol{t} \rrbracket\right\|_{0, E}^{2}\right)^{1 / 2}\left(\sum_{E \in \Gamma_{h}} h_{E}^{-1}\left\|q-I_{h} q\right\|_{0, E}^{2}\right)^{1 / 2}  \tag{3.35}\\
& \leq C\left(\sum_{E \in \Gamma_{h}} h_{E}^{-1}\| \| u_{h}^{*} \rrbracket \|_{0, E}^{2}\right)^{1 / 2}|q|_{1} .
\end{align*}
$$

From (3.34) and (3.35) we obtain (see (3.1) and (3.2))

$$
\begin{align*}
\sup _{q \in H^{1}(\Omega) / \mathbb{R}} \frac{\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \boldsymbol{\operatorname { c u r }} q\right)}{|q|_{1}} & \leq C\left(\sum_{K \in \mathcal{C}_{h}}\left\|\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}\right\|_{0, K}^{2}+\sum_{E \in \Gamma_{h}} h_{E}^{-1}\| \| u_{h}^{*} \rrbracket \|_{0, E}^{2}\right)^{1 / 2}  \tag{3.36}\\
& =C\left(\sum_{K \in \mathcal{C}_{h}} \eta_{1, K}^{2}+\sum_{E \in \Gamma_{h}} \eta_{E}^{2}\right)^{1 / 2}
\end{align*}
$$

Using (3.31) and (3.36) we deduce

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0} \leq C\left(\sum_{K \in \mathcal{C}_{h}}\left(\eta_{1, K}^{2}+\eta_{2, K}^{2}\right)+\sum_{E \in \Gamma_{h}} \eta_{E}^{2}\right)^{1 / 2} \tag{3.37}
\end{equation*}
$$

We now estimate the term $\left\|u-u_{h}^{*}\right\|_{1, h}$. We first recall that

$$
\begin{equation*}
\left\|u-u_{h}^{*}\right\|_{1, h}=\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(u-u_{h}^{*}\right)\right\|_{0, K}^{2}+\sum_{E \in \Gamma_{h}} h_{E}^{-1}\left\|\llbracket u-u_{h}^{*} \rrbracket\right\|_{0, E}^{2}\right)^{1 / 2} \tag{3.38}
\end{equation*}
$$

and we notice that (cf. (3.2))

$$
\begin{equation*}
\left(\sum_{E \in \Gamma_{h}} h_{E}^{-1}\left\|\llbracket u-u_{h}^{*} \rrbracket\right\|_{0, E}^{2}\right)^{1 / 2}=\left(\sum_{E \in \Gamma_{h}} h_{E}^{-1}\left\|\llbracket u_{h}^{*} \rrbracket\right\|_{0, E}^{2}\right)^{1 / 2}=\left(\sum_{E \in \Gamma_{h}} \eta_{E}^{2}\right)^{1 / 2} \tag{3.39}
\end{equation*}
$$

We have

$$
\begin{gather*}
\left\|\nabla\left(u-u_{h}^{*}\right)\right\|_{0, K}^{2}=\left(\nabla u-\nabla u_{h}^{*}, \nabla\left(u-u_{h}^{*}\right)\right)_{K}=\left(\boldsymbol{\sigma}-\nabla u_{h}^{*}, \nabla\left(u-u_{h}^{*}\right)\right)_{K} \\
\quad=\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}, \nabla\left(u-u_{h}^{*}\right)\right)_{K}+\left(\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}, \nabla\left(u-u_{h}^{*}\right)\right)_{K}  \tag{3.40}\\
\leq\left(\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0, K}+\left\|\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}\right\|_{0, K}\right)\left\|\nabla\left(u-u_{h}^{*}\right)\right\|_{0, K}
\end{gather*}
$$

by which we obtain

$$
\begin{equation*}
\left\|\nabla\left(u-u_{h}^{*}\right)\right\|_{0, K} \leq\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0, K}+\left\|\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}\right\|_{0, K} . \tag{3.41}
\end{equation*}
$$

Hence we infer

$$
\begin{equation*}
\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(u-u_{h}^{*}\right)\right\|_{0, K}^{2}\right)^{1 / 2} \leq\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left(\sum_{K \in \mathcal{C}_{h}}\left\|\boldsymbol{\sigma}_{h}-\nabla u_{h}^{*}\right\|_{0, K}^{2}\right)^{1 / 2} \tag{3.42}
\end{equation*}
$$

Using (3.37) and recalling (3.1), from (3.42) we get

$$
\begin{equation*}
\left(\sum_{K \in \mathcal{C}_{h}}\left\|\nabla\left(u-u_{h}^{*}\right)\right\|_{0, K}^{2}\right)^{1 / 2} \leq C\left(\sum_{K \in \mathcal{C}_{h}}\left(\eta_{1, K}^{2}+\eta_{2, K}^{2}\right)+\sum_{E \in \Gamma_{h}} \eta_{E}^{2}\right)^{1 / 2} \tag{3.43}
\end{equation*}
$$

Therefore, joining (3.39) and (3.43) we obtain

$$
\begin{equation*}
\left\|u-u_{h}^{*}\right\|_{1, h} \leq C\left(\sum_{K \in \mathcal{C}_{h}}\left(\eta_{1, K}^{2}+\eta_{2, K}^{2}\right)+\sum_{E \in \Gamma_{h}} \eta_{E}^{2}\right)^{1 / 2} \tag{3.44}
\end{equation*}
$$

From (3.37) and (3.44) we finally deduce (see (3.3))

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}+\left\|u-u_{h}^{*}\right\|_{1, h} \leq C\left(\sum_{K \in \mathcal{C}_{h}}\left(\eta_{1, K}^{2}+\eta_{2, K}^{2}\right)+\sum_{E \in \Gamma_{h}} \eta_{E}^{2}\right)^{1 / 2}=C \eta \tag{3.45}
\end{equation*}
$$

We end the paper by the following
Remark 3.4. On the estimate in the $\boldsymbol{H}(\operatorname{div}: \Omega)$-norm. In the paper we have repeatedly used the fact that by the equilibrium property (2.22) we have $\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right)=$ $P_{h} f-f$ and hence $\left\|\operatorname{div}\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right)\right\|_{0}=\left\|f-P_{h} f\right\|_{0}$ is a quantity that is directly computable from the data to the problem. For the BDM spaces it furthermore holds that for a general loading and a smooth solution it holds $\left\|f-P_{h} f\right\|_{0}=\mathcal{O}\left(h^{k}\right)$, whereas $\left\|\boldsymbol{\sigma}-\boldsymbol{\sigma}_{h}\right\|_{0}=\mathcal{O}\left(h^{k+1}\right)$, and hence this trivial component in the $\boldsymbol{H}(\operatorname{div}: \Omega)$ norm can dominate the whole estimate.

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